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South African National Gallery in December, Siopis said that where previously her paintings had been about "the dilemma we found ourselves in, all of us in SA, around the question of history and the future", in the 1990s she started to investigate "personal and micro narratives rather than the master narrative that was apartheid and the resistance to it". My Lovely Day, a 21-minute film composed of 8mm family films shot by the artist's mother in the 1950s and 60s, marked the culmination of this self-reflexive process.

An impressionistic collage of family images, the film is tied together by a subtitled narrative, an account by her maternal grandmother of surviving the Greco-Turkish War in 1922, "She was an incredible entertainer and spared us nothing. She introduced me to this idea that history is both violent and transformative," says Siopis when I meet her in February at her studio, a large airy space on the campus of the Michaelis School of Fine Art.

The umber melancholy of My Lovely Day is further augmented by a recording of the artist's mother singing the popular 1947 show tune This is my Lovely Day, which she recorded in 1955. First exhibited at the 1997 Johannesburg Biennale in a custom-made film salon evoking a bygone era of film, My Lovely Day has been widely exhibited since, notably at the Museum for African Art, New York, in 1999, and London's Tate Modern, in 2004

It is also indirectly about her maternal grandfather. A teenage runaway turned successful entrepreneur, his business interests extended to film distribution outlets in Asia Minor. He owned cinemas in Mthatha, Graaff-Reinet and Cape Town, operating the Gem Cinema and Globe Bioscope, both in Woodstock. He also owned a drycleaning business in Johannesburg, where Siopis's father, a Greek-born lawyer with leftist sympathies, worked.

Siopis was born in Vryburg in 1953. Her family moved there to run a bakery acquired by her wealthy grandfather. Her breakthrough work as an artist - a series of early 1980s paintings of cakes, some made with cakeicing nozzles - suggests the way biography has always infiltrated her work. The paintings were directly informed by her childhood experiences of watching her mother ice cakes in the dining room.

"That was a very powerful experience for me. I can remember it vividly. Initially when I made the cake paintings, I used to get really pissed off with people when they attributed it to growing up in a bakery. I didn't want the paintings to be reducible to that biographical information. But actually now, I find that really interesting: one can have a knowledge that impresses itself on you before you know you have that knowledge."

Painting, at least for Siopis, is an act of transformation, not a tool of mere description. So, her dirty pink and stained white globules of oil paint and wax might resemble cakes, but they also look like pink breasts and

PREVIOUS PAGE Penny Siopis TOP LEFT Charmed Lives (2014), Installation of found objects. ON FAR RIGHT Baby and the Bathwater (1992) Oil, collage, marble, steel and photographs on board MIDDLE Quake (2010), Ink and glue on canvas. BELOW Sculptures installation - Pinky Pinky Comes to Cape Town (Castle of Good Hope 2007), Reconfiguration 2014; Wire, beads and found objects

vaginas. Her mother approved of the paintings. "Anyone who has worked with an icing squeezer would know that there is something sensual or sexual about that."

Sensuality is a key word in the artist's lexicon. Her paintings especially demand a sensory encounter, something that reproductions in books or online do not allow. Paintings, after all, are not the same as photographs; they are not merely an accumulation of pictorial elements and signifiers, but material objects that exist in the real world.

"The digital age has flattened out all kinds of images. It is important to see paintings in the flesh and see the distinctions in the thought literally made material. You can't really see the material part of thought if you only see a painting reproduced on a screen or in books as a flattened image." Alongside material, colour and scale are also important, Scale, says Siopis, imposes a "bodily relationship to viewing and looking"

This insistence on the thingness of painting partly owes to her conservative education at Rhodes in the 1970s, which enforced a no-jeans dress policy. "We saw images of art history reproduced in black and white as slides. You had to do the translation in your head. It was so obvious for me, even then, that it was never really the true thing." She remembers her later amazement at encountering the immense physical works of Romantic painters like Delacroix and Géricault.

Siopis is a worldly artist, at ease moving across geographical and cultural boundaries. Her work freely quotes from art history, philosophy and psychology. But what might surprise about Time and Again is the embedded conversation it stages with Johannesburg The bulk of the work was made in this "rough", "wild", "alienating", "contested" and "enabling" place, where things perpetually renew themselves.

"If I had to think of it as an organism it wouldn't be pinned down," says Siopis. "You think you have some understanding, and then you don't. It moves and it is vast. It is like this big creature; you don't know where it ends." A bit like your paintings, I propose. "Yes," she laughs.